



## Main Course

Principal Ingredients (may vary)  
**NOT TO BE USED FOR DIETARY REFERENCE**

## Side Dish

## Dessert

	MON	TUE	WED	THU	FRI	
<b>MENU A</b>	Roast Turkey Breast & Gravy	Hidden Veg Pasta Sauce (V)	Mild Thai Chicken Curry	Home-made Premium Steak Mince Meatballs in Tomato Gravy	Potato-topped Beany Sausage Casserole	
	turkey breast, home-made gravy, potatoes, carrots, swede, peas	tomato, butternut squash, carrots, onions, garlic, macaroni pasta (wheat, gluten)	chicken breast, broccoli, courgettes, sweetcorn, onions, garlic, ginger, coconut milk, sweet chilli sauce, rice	Aberdeen Angus steak mince, wholemeal breadcrumbs (wheat, gluten), home-made gravy, tomato, onion, garlic, celery, basil, parsley, oregano, fusilli pasta (wheat, gluten)	British Red Tractor 95% pork sausages (sulphites), haricot beans, carrots, courgettes, tomato, onion, garlic, peas, potatoes	
	Potatoes & Seasonal Vegetables	Steamed Macaroni	Jasmine Rice	Steamed Fusilli Pasta Twists	Peas & Carrots	
	Freshly-baked Banana Loaf	Smooth Mango Yoghurt	Peaches & Cream	Freshly-baked Carrot Cake	Pineapple & Jelly	
<b>MENU B</b>	Creamy Tomato & Mascarpone Pasta Sauce w. Chicken & Broccoli	Freshly Minced Lamb Leg & Red Lentil Pie	Home-made Pork & Beef Meatballs with Moroccan Tagine Sauce	Cauliflower & Butternut Mild Korma Curry (V)	Roast Red Tractor Pork Loin & Gravy	
	mornay sauce (milk, wheat, gluten, cheese), passata, chicken breast, mascarpone (milk), broccoli, onions, garlic, basil, fusilli pasta (wheat, gluten)	freshly minced leg of lamb, red lentils, tomatoes, carrots, onion, garlic, oregano, basil, parsley, potato flour, potatoes, celery, cucumber	Red Tractor pork mince, premium steak mince, breadcrumbs (wheat, gluten), celery, curry spices (mustard), mango chutney, apple, tomato, courgettes, couscous (wheat, gluten)	cauliflower, butternut squash, butter curry spice mix (mustard), garlic, ginger, onions, tomatoes, coconut milk, flour (wheat, gluten), vegetable oil, basmati rice	Red Tractor British pork loin, home-made gravy, potatoes, carrots, swede, peas	
	Steamed Fusilli Pasta Twists	Cucumber Smiles	Couscous with Courgetti	Steamed Basmati Rice	Potatoes & Seasonal Vegetables	
	Smooth Banana Yoghurt	Peaches & Cream	Raspberry Jelly & Custard	Smooth Pineapple Yoghurt	Freshly-baked Dutch Apple Slice	
<b>MENU C</b>	Aberdeen Angus Steak Mince Cottage Pie	Vegetarian Butternut Lasagne (V)	Sweet & Sour Home-made Pork Meatballs	Mediterranean Tomato, Chicken & Courgette Pasta Sauce	Fisherman's Bake	
	Aberdeen Angus steak mince, onions, garlic, carrots, tomato, basil, parsley, oregano, celery, peas, potato	soya bolognaise (soya mince, tomato, onions, carrots, herbs), butternut bechamel sauce (milk, flour, gluten, celery), lasagne pasta (wheat, gluten), cheddar cheese (milk), baps (wheat, gluten), garlic	Red Tractor pork mince, wholemeal breadcrumbs (wheat, gluten), pineapple, cider vinegar (sulphites), tomato, onions, garlic, celery, rice, sweetcorn	freshly prepared Napoli sauce (tomatoes, basil, oregano, onions, garlic), chicken breast, courgettes, fusilli pasta (wheat, gluten)	MSC salmon (fish), MSC pollack (fish), mornay sauce (milk, wheat, gluten), cheese (milk), carrots, potato, swede, cucumber	
	Steamed Peas	Garlic Bread	Steamed Rice with Sweetcorn	Steamed Fusilli Pasta Twists	Cucumber Smiles	
	Peaches & Cream	Oaty Coconut Slice	Smooth Apricot Yoghurt	Bananas & Custard	Cheese & Crackers	
	<b>Ingredients may vary.</b>		<b>Not to be used for dietary reference.</b>		<b>Hungry Monsters must be informed of all dietary requirements.</b>	